

### JUNE 2024

### LAKE PALESTINE EAA CHAPTER 972

#### **Presidents Corner**

I would like to apologize for the delay in getting this newsletter out. With the recent heavy rains and trying to get ready for our Ultralight flay In and Gumbo held last Saturday, I just didn't have time to get to it.

**IIII** 

The Fly In had one Ultralight fly in with 3 other aircraft and a helicopter making the trip. Les brought out his two Legal Eagles so we did have three Ultralights on the field. Pretty darn good considering the unpredictability of the weather. We did have quite a few drive in and some from as far away as Houston and Dallas as well as our usual local attendees. Overall, it was a very successful Fly In and Gumbo. We plan on holding it again next year on June 14<sup>th</sup> 2025, so mark your calendars!

We will be having our usual Lakeside Fly In and gumbo July 6<sup>th</sup> and as usual, all are welcome. This will be our last Gumbo until September.

Our June meeting is at Grif & Gayla's hangar, gathering at the usual gathering time of 5:30. I look forward to seeing you all. The program is **"The Mighty Wimpy: The Oregon Homebuilt Airplane that Inspired the Experimental Aircraft Movement."** 

In July in place of our normal Thursday Night meeting we are planning a fly-out to Mt Pleasant to tour the museum on Saturday July 13th. I am looking forward to this since the last time was great 2 or 3 years ago and there were too many aircraft to see during the time I had available.

I especially want to thank all those who helped make the fly in and gumbo successful.

Wishing you

Blue Sky and Fair Wind



## Wednesday, June 5, 24 EAA Chapter 972 Meeting

#### Subject

- Meeting started at 6:30 EAA national chapter video magazine. 500th private pilot from Ray Aviation scholarships. opens in November for 2025. Chapter camping deadline June 14th. ASTC passport program Let's you get into other museums for free.
- John discussed upcoming events
- Treasurer's report- Gumbo raised 445.00

Secretary's report

- Minutes Walt motioned, Gayla seconded approved
- Young Eagles update- Gayla recommended Dave Mason memorial scholarship- 500.00. Motion for Jake to receive the scholarship . All in favor. Motion carried.
- Poker Run in September- money for a scholarship and hand out trophies instead of money. Members agreed.
- Alise made 60 dollars with her lemonade stand and donated the money to her teacher to buy school supplies. Way to go, Alise!
- Caden soloed !!! His shirt was cut during the meeting
- Suggesting a fly out for July All approved -Need to decide where- possibly Mt Pleasant
- Frances Moseley volunteered to be Chapter photographer. Thank you Frances!
- Les shared info with us about ultralight fly in. Possibly around 15-20 attendees
- Oshkosh camping Need to know numbers so let John know so we can reserve the spot. Deadline June 14th
- introduced new member Joelene she flies a Bonanza and flies Young Eagles

Diane Wagenaar presented on the Faast team and North Texas recent accidents.

Meeting adjourned at 7:30 pm

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Good morning team. Have you added floats to your aircraft yet?

Gladewater has reached out and invited us to help fly this Saturday. So far, they have 9 pilots and 75 kids. Bo and I will go and help and yes, we will be able to keep our points for our chapter. If you want to help fly just let us know

Gayla Leary EAA Chapter 972 Young Eagle Coordinator

#### From our Vice President Randy Gentry

Hello everyone, with the recent rain and severe weather I assume everyone has had enough and wish for the sunny summer.

The month's medical topic will be Rhabdomyolysis (also known as rhabdo).

What is Rhabdomyolysis? It is a breakdown of muscle tissue that releases a damaging protein called myoglobin into the blood stream. Myoglobin can damage the kidneys.

How would one of our neighbors get this strange problem. A crush injury is the most common cause, high intensity exercise, severe dehydration and overheating. Heat causes faster muscle breakdown.

With the amount of new construction, and labor-intensive activities a lot have scheduled this summer it can happen to anyone.

Symptoms: Muscle weakness, pain in the muscles most common I have seen over the years are severe forearm and lower leg pain along with severe arm and leg cramps. Fatigue, inability to exercise, water-electrolyte imbalances, or body aches. Dark colored urine the color of dark tea and insufficient urine production.

Treatment: If you suspect you have rhabdo, it will require fluids through a vein and not just a little, most people will require admission to a hospital. To get the proper number of fluids in a timely manner to prevent kidney failure.

So, this is not confusing I'll explain a few more heat injuries and treatments:

Heat exhaustion is a heat illness when the body overheats due to excessive heat, usually treated with getting out of the heat, cooling down and replacing fluids orally. Oral temp around 100 degrees F.

Heat stroke is the most serious of heat injuries. It occurs when the body can no longer regulate its internal temperature. Oral temps greater than 103 degrees F. One of the most common signs of heat stroke is lack of sweating. Incoherent speech and several fatigue patients are often found unresponsive.

Prevention of heat injuries:

Stay hydrated, drink water before you are thirsty, avoid sugary drinks and alcohol. Good rule of thumb is a bottle of water every 30 minutes. Drink enough to keep you urinating every 2-3 hrs.

Dress for the heat, loose fitting clothes, light weight and breathable clothing, wide brimmed caps.

Activities should be scheduled before noon or in the evening.

Pace yourself and monitor yourself and others. If your working alone have someone check on you after 3-4 hrs..

I hope this will help prevent anyone of your great neighbors from having a heat injury this summer. If there is ever a question don't hesitate to call your medical provider.

## National Flying Start Day

On Saturday, May 18th, Chapter 972 participated in EAA's national Flying Start day. It was a day dedicated to offering adults a chance to experience the joy of aviation and possibly spark that desire to earn a pilot's certificate. We had a beautiful day and our volunteers arrived at Cherokee County airport with five aircraft available for flights. CFI Jill Shockley was there to answer any questions our Eagles might have about what's involved in becoming a pilot. About ten Eagles were flown during the morning and each one received their own log book and a folder with information about EAA and general aviation. It was a successful and safe Flying Start day!

Also a big thank you to the ground volunteers! Your help is much appreciated and it makes everything run smoother and safer for both pilots and passengers. We're looking forward to our next Young Eagles day!



# National Flying Start Day





#### Announcing the EAA 972 VMC Club!

Meets third Thursday of the month at 7 pm - first meeting is June 20th, 2024.

EAA 972 VMC Club coordinator Robbie Culver invites you to join us for the first EAA 972 VMC Club meeting!

Culver hangar

11619 Lazy 8 Trail

Frankston TX 75763

An RSVP requested for planning purposes!! Anyone is invited - you do NOT have to be a pilot to participate!

Please note - we are not planning a meal or desserts for this event! Snacks are welcome, but nothing elaborate - bring your own beverages if desired! (We just moved in...) Also we have two large, sweet dogs - so be prepared to scratch ears...

This first meeting we will introduce the "Question of the month" as well as get a feel for the format and content of the presentations.

#### What is the VMC Club?

<u>https://www.eaa.org/eaa/pilots/eaa-pilot-proficiency/proficiency-and-education-programs/vmc-club</u> The purpose of EAA VMC Clubs is to build proficiency when flying under visual flight rule conditions.

EAA VMC Clubs are extensions to local EAA chapters and offer monthly meetings in which pilots can network, share knowledge, and experience. The meetings use real-world scenarios to engage members, and allow a free exchange of information that improves awareness and skills.

The intent is to create a community of pilots willing to share information, provide recognition, foster communications, promote safety, and build proficiency. Through the EAA VMC club programs, visual flight rule pilots have improved their proficiency, and they love it.

To promote proficiency and safety whether flying under visual conditions.

To create a community of pilots willing to discuss and to share information.

All accomplished through organized hangar flying using a structured program including program scenarios and question of the month.

Clubs use an EAA-provided video scenario depicting an actual flight where an unplanned for situation arises requiring decisions to be made.

Club participants' place themselves in the pilot seat, follow the video scenario, and ultimately ask "What Would I do in this situation?"

No single answer is correct.

Each participant has their own answer based on their experience and capability.

#### GUMBO and UL FLY IN PICTURES:



#### GUMBO and UL FLY-IN PHOTOS



### **INTERESTED IN THE HISTORY OF AERO ESTATES T25:**

Thanks to Tommy Boudreau we have some events from Aero Estates back in 1987. Hard to believe no trees, a fly inn and air races here. Additional videos have been added showing events from 2006 and 2012 and flights of various aircraft.

I copied the DVD to computer and the parts that had to do with Aero Estates have been added to You Tube:

Here is the You Tube link. I also added the long URL location below.

YouTube URL: <u>https://youtu.be/jPtaytmtBzs</u>	
https://youtu.be/2sxi8Oekt2Q	
https://youtu.be/oBl9pwXXE	1987 air show and air races here at Aero Estates, entire event
https://youtu.be/f7GAxUrx9Aw	
https://youtu.be/A8uSpakZYMo	
https://youtu.be/Ms4bJ NRHDg	
https://youtu.be/qOo_QQU8Q0k	
https://youtu.be/98uiwmjkBDI	
https://youtu.be/PMjUGCURAGs	
https://youtu.be/nctNh01JdKg	Glenn and Fly Baby Biplane
https://youtu.be/kBdIBNPcu6g	
https://youtu.be/ AI Z06mDcE	
https://youtu.be/ehm7utzXOOU	
https://youtu.be/n_HjJZWk0al	

#### **YOUR Articles needed**

This Newsletter is YOUR Newsletter. I put the articles in it, but you have to write them. Your Chapter needs your Contributions. Pleas share your experiences, skills, wisdoms, photos, humor and announcements with our membership. What may be common knowledge to you, may be priceless for a new pilot or builder. Even if you are not a Pulitzer level author — send me your words. Robbie or I will buff up the grammar if needed. Send input to homanles@yahoo.com.

# 2024 UP COMING EVENTS

Here is a Calendar so far.

June 13th, 5:30 EAA chapter meeting

July 6th, Gumbo at the lake

July meeting we will be a fly out, or drive out, on Saturday July 13th to Mt Peasant and the Museum at the Airport.

August 8th, 5:30 EAA chapter meeting at the Salt Grass in Tyler

September 1st, Saturday, Gumbo at the lake

September 7th, 5:30 EAA chapter meeting

October 5th, Saturday, Gumbo at the lake

October 10th, 5:30 EAA chapter meeting

November 14th, 5:30 EAA chapter meeting

December 12th, 5:30 EAA chapter meeting



#### NEXT Meeting will be at Grif and Gayla's Hanger

<u>THURSDAY</u>, **June 13th**, 5:30. Food will be potluck. There will be a sign up or you can email Brenda at Secretaryeaa972@gmail.com

# We have a Chapter Website: The URL is:

### https://chapters.eaa.org/eaa972

We are working on updating and modifying the website to meet our chapter needs and persona. We need to add pictures of members projects, and projects they are working on, building and or flying as well as the aircraft we fly. The EAA makes this available to all EAA chapters and each chapter can then modify to make it what they need. We can use this to help announce YE flights, runway Gumbo, Poker run, Events and past news letters. By the way, if you have any old information, newsletters, ETC involving the chapter please get it to me and I can