



# The Bend High Desert Flyer of Chapter 1345

WEBSITE: [chapters.eaa.org/ea1345](http://chapters.eaa.org/ea1345)

KBDN AWOS 134.425

December 2020, Vol. 19, #12

## Prez Sez

**Happy Holidays to all.** May you be able to visit family and relatives safely and soon. It is certainly a challenge to share meetings with family and friends and to socialize via computer. It also makes me sad that we can't get together as a chapter in person. Our newsletter continues to be our mainstay. Please send our editor any news you would like to share.

So sad to report that Mike Bond (former newsletter editor and donor of the Glstar project) has "gone west". We intend to commemorate the Glstar project in Mike's name somehow. Any suggestions Ann? We miss you Mike! (See info later.)

Lynn and I recently adopted a rescue dog from the Human Society of Kalispell, Montana. Our daughter, Kelly has been taking care of him for the past two months. Kelly is a vet tech where "Bolt" was turned in after being hit by a car. He's had two operations to put him back together and we hope to be able to pick him up by the time you read this newsletter. Welcome to your new home Bolt. Yes, I will bring him to the hangar occasionally. He may even learn to fly!!!!

If you know of a young person in their late teens, that is serious about a flying career, contact me. They must have a financial need and an aviation career focus. I will be applying for the chapter to offer the Ray Scholarship again. It could be a great opportunity for the right person.



The December chapter meeting usually consists of a holiday dinner celebration instead of a regular meeting. This year calls for some unusual actions. We can't meet as a group except by internet, so we will meet by Zoom this December. We hope to have our annual holiday get together in June, and do a camping fly-out to Cottage Grove.

I would like to thank everyone for participating, as best we can, this past year. Forward, Ho!  
Fly Safe,

Dale

President, EAA Chapter 1345



**EAA CHAPTER 1345  
MEETING AGENDA  
DECEMBER 9, 2020  
MONTHLY MEETING AT 6:30PM VIA ZOOM ONLY  
(NO IN PERSON MEETING THIS MONTH)**



**Join Zoom Meeting**



Join Zoom Meeting

<https://us02web.zoom.us/j/89175691469?pwd=MTIjLzFCbmtnZlZ1NlBxdVR2Y2lxZz09>

Meeting ID: 891 7569 1469      Passcode: 683707

**6:30**

- We will “go around” the Zoom Room and have everyone give us an introduction and update

**Agenda**

- The chapter’s year in review – notable things we did – Dale and Kim
- Things that happened around the airport this year – Dale and Kim
- The chapter looking ahead to the coming year – things we want to do – All
- Year-end awards
- Installment of 2021 officers

**Announcements**

- Zenith donation update (Alan and Nathalie)

**Other**

- Next Meeting: January 13, 2021, 6:30 PM (will be via Zoom again)



# Meeting Minutes November 2020



The minutes of the regularly scheduled monthly meeting of the EAA Chapter 1345. The meeting took place on the second Wednesday of the month, November 11, 2020 at 6:30 PM and was held via Zoom.

## PRESIDENT UPDATE

The meeting got started at 6:30 with some updates from Dale:

- EAA is holding online Homebuilders workshops in January. Check the EAA website for details.
- Thank you to our veterans in honor of Veterans Day today.
- Airport master planning process is underway – four alternative plans have been shared. See Dale for details and to see the maps.
- EAA is holding several online chapter leaders workshops; these would be especially useful for officers – there is one for each office.

## NOMINATION COMMITTEE

Lynn Anderson, nominating committee chair, (committee members are Lynn Anderson, Jeff Stolasz and Nathalie Smith) presented the ballot for the November election:

- President position: Dale Anderson
- Membership Chairperson: Faye Phillips
- Young Eagles Coordinator: Mike Wissing
- Eagles Coordinator: Mike Wissing

There will also be a write-in choice for each officer position on the ballot. Ballot link (via Survey Monkey) will be emailed to all paid members this week and ballots must be completed by November 19. Results of the election will be shared in the December newsletter.

## ZENITH DONATION

Alan Smith shared that he and Nathalie have donated their Zenith airplane to the EAA chapter in Independence, Oregon, with the stipulation that a percentage of the sales revenue be donated to our chapter, EAA 1345. Chapter members thanked the Smiths for their generosity!

## FRIENDS OF KBDN

Kim Muinch shared the work he and a group are doing to form a non-profit Friend of the Airport group. Their mission is to make the Bend airport go from good to great. Contact Kim for more information. All are welcome.

## FLYING CLUB

Tom Wright talked about the flying club. The club has lead on a Cessna 172 that they may lease, located in Prineville. They would like to get things underway soon.

## PROGRAM

Kim Muinch talked about future program ideas.

## GUEST SPEAKER

Janice Scanlon shared a movie and information about the Oregon Aviation Historical Society and Museum located at the Cottage Grove airport. They do a June fly-in and a wings and wheels. They are also planning an anniversary tour of some their historic aircraft. Dale invited them to the Bend airport if they come this way.

Meeting adjourned at 8pm.

***Lynn Anderson for Faye Phillips and Jeff Stolasz, Co-Secretaries***

# Treasurer's Report

**Financial: For Period 01/01/2020 to 11/24/2020 (Year to Date)**

Total Income	\$11,192.99
Total Expenses	\$10,067.34
Net Income (Loss)	\$ 1,125.65
Total Cash on Hand	\$14,560.09

**Nathalie Smith, Treasurer**



## COMMITTEE/GROUP REPORTS

### Program Committee

December meeting will be on Zoom again. Main program will be introductions, awards, and installment of new officers.

**Kim Muinch, Program Committee Chair**



### Nominating Committee

The Nominating Committee, comprised of Lynn Anderson (chair), Nathalie Smith, and Jeff Stolasz, conducted the elections via Survey Monkey. Here are our newly elected officers, who will be installed at the December meeting, to begin their terms January 2021:

- President: Dale Anderson
- Membership Chairperson: Faye Phillips
- Young Eagles Coordinator: Mike Wissing
- Eagles Coordinator: Mike Wissing

*Congratulations!!*



### Builders Group

The Builders Group continues to work on the Glstar project on Wednesday afternoons and Saturday mornings. When we meet as a group, we have been wearing masks and social distancing to keep everyone safe. See photos at the end of the newsletter. Feel free to join us!

### Flying Club

No report at this time; will report at the monthly meeting.

## **Scholarship Committee**

We are in the process of recruiting a new scholarship recipient for the coming year. The Ray Aviation Scholarship provides \$10,000 toward earning a private pilot's license. Contact Dale Anderson with suggestions for a nomination.



## **Young Eagles/Eagles**

No report at this time due to pandemic.



## **Fly-Out Group**

One fly-out this month to Florence! See article later in the newsletter!

## **Chapter Membership Report**

Dues, dues, dues!!

You will be asked to pay your dues at the end of December for the 2021 year. As a reminder, dues are:

- \$25 for individual membership
- \$40 for family membership

Checks can be made out to **EAA Chapter 1345** and mailed to:

**59629 Okanagan Ln, Bend OR 97702**





*This month, we feature Kris Kringle, Honorary EAA 1345 chapter member*

***How did you get started in recreational flying?***

I have been flying for centuries. I don't know if you call what I do recreational flying, as it is my job, but I love it, so I feel like it is recreational. Every year on December 24 through December 25, I do a world tour. There isn't a country I don't visit. You can track my flight at NORAD if you are interested: <https://www.noradsanta.org/>



***What do you love about flying?***

It is hard to name just one thing I love about flying. The views, the beautiful holiday decorations, the take-offs and landings from so many interesting roofs, the crisp night air, the glittering stars and snow, the magic of it all....! It makes me so happy, ho ho ho!

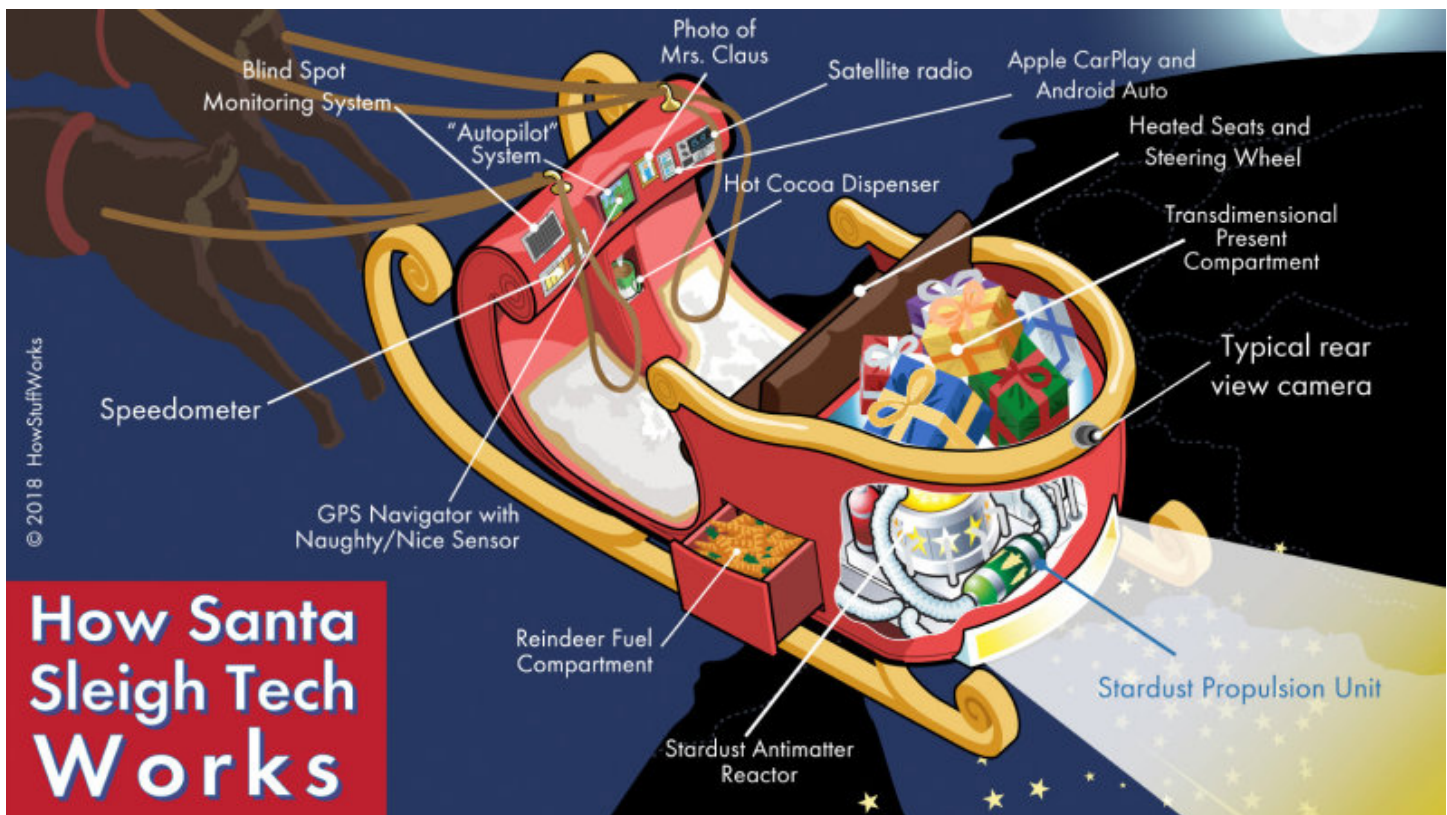
***Tell us about your own airplane(s)? Any that you built yourself? If yes, how was that experience?***

My flying machine is a sleigh with eight reindeer. It is a one of a kind! The sleigh is full of technology for my round the world flight every year, even though from the outside it looks very old-fashioned and quaint. I've upgraded through the years, and now have put in the following features:

- Blind spot monitoring system
- The most advanced autonomous, self-flying technology out there
- Thermal imaging cameras
- GPS navigator so the elves could map out my millions of stops well before Christmas Eve, just to make sure I doesn't miss anyone
- Built-in "Naughty-or-Nice" sensor



- A transdimensional present compartment in the form of a traditional gift sack
- A stardust antimatter propulsion unit for power
- Infotainment system with navigation and satellite radio
- Reindeer, the engines behind the sleigh (Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner, and Blitzen; when it is particularly foggy, Rudolph is added)



My reindeer undergo extensive training, and even though my sleigh has all the latest technology to make their jobs easier, they are the heart and soul of my flying machine. The herd is still responsible for a lot of the heavy lifting. Sleighs are large sleds or carriages used for transportation in colder climates — they have two runners on the bottom instead of wheels, making it easier to barrel across snow and ice. An extra source of heat from the hot cocoa maker in the dashboard sends out hot air, acting like a thermal unit in a hot air balloon, giving the reindeer an extra lift for optimal flying conditions.

You can check out my reindeer cam here: <https://reindeercam.com/web-free/#rdcvids>

### ***What is one funny or favorite story you can share from your flying experience?***

One funny story is when, after a perfect landing, I caught my pants on a TV antenna and ripped them while delivering presents to this lawyer's children. I later met the son, Peter, and the dad in a court room! The father was the lawyer hired to prove I wasn't real, so he was surprised when I told him to fix that TV antenna. And by the way, I won that case and you could see people everywhere with "I Believe, Do You?" buttons!



***What is the most interesting place you have ever landed?***

I really enjoyed taking the Air Link helicopter and landing in the Old Mill District one year. That was really interesting and fun. That was about three years ago. I have landed in that area (on roof tops) a lot since, but that was my first time visiting there in a helicopter!

***Any advice you would give to aspiring recreational pilots or homebuilders?***

My advice would be to work with a team and get help from friends. I couldn't have built my sleigh or keep it running so well every year without my elves and reindeer. Get your own elves around you to help you along the way and the end result will be even more rewarding for you. Then fly, fly, fly! I try to fly every day so I am ready for that long once-a-year global flight.

***What do you find the most rewarding about being a member of the High Desert Flyers and EAA?***



I don't attend many meetings, but I do love the annual holiday get together you do with the Oregon Pilots Association and other interested aviators and their families and friends. I'm sad you can't do it this year due to that darn coronavirus. But this will pass and I know you will be back stronger next year. Maybe I should attend in 2021? Is it still at the Black Bear Diner?

***Anything else you want to share with our membership?***

Yes. Merry Christmas to all and to all a good night! Ho, Ho, Ho!



A little help I got for this Member Spotlight on Santa's sleigh technology:  
<https://people.howstuffworks.com/culture-traditions/holidays/santas-sleigh.htm>

## ***In honor of Mike Bond – Gone West*** **1940 - 2020**

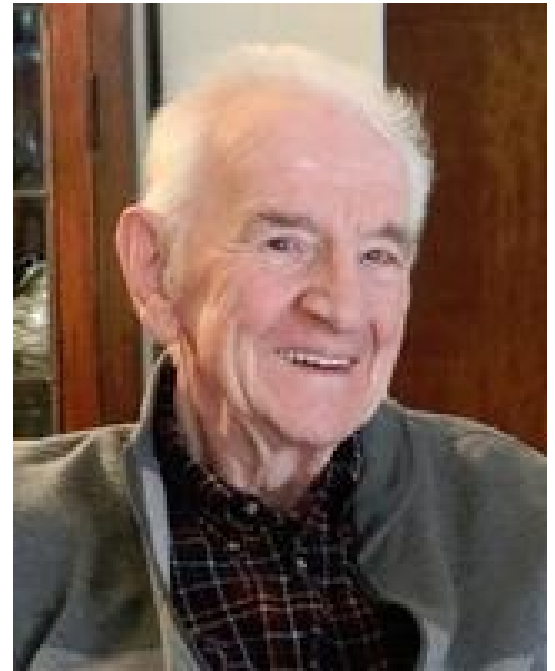
Michael Vernon Bond

Age 80

Resident of Bend, Oregon

On Oct. 31st, 2020, Michael 'Mike' V. Bond, loving husband and father, passed away at age 80 at his home in Bend, Oregon. He was a former long-time resident of Saratoga, California.

Michael was born on Jan. 2, 1940 in Liverpool, England. In 1965, he married Ann Kathleen Turner in Orpington, England. They emigrated to the United States in 1966.



In 1971, they moved from Connecticut to Saratoga, where they raised their two children, Michelle and Russell, and lived until 1997. While in Saratoga, Michael was employed in the semiconductor industry, and after working at National Semiconductor for a number of years, he joined Supertex Inc. in 1982 as Vice President, DMOS Operations.

Upon his early retirement in 1997, Michael and Ann moved to Bend, Oregon, where they lived for the last 23 years.

Michael had a passion for airplanes, and had always wanted to fly, so in 1995 he and Ann began taking flying lessons together at the San Jose International Airport. He and Ann earned their private pilot's licenses together, and in 1997 bought their own plane, a Cessna 177 Cardinal. For years, they enjoyed their flights together all over the Pacific Northwest, and would also fly down to the Bay Area to visit family.

Michael was a long-time member of the Central Oregon Pilots Association and EAA Chapter 1345 High Desert Flyers. He was also an avid Amateur Radio operator his entire adult life, and held the highest level license available; his call sign in California was KB6W and in Oregon, KB7W. He had a strong interest in technology and learning, and was always sharing his knowledge and love with his children.

Michael is loved and missed by his wife Ann, his two children Michelle (Derek) Bosch and Russell (Carey) Bond, his brothers Colin and Nigel Bond, and his two granddaughters Kaylee Bond and Anne Bosch.



**Looking ahead to summer 2021~**



**WORTH  
THE  
WAIT**

**FREE YOUTH  
ADMISSION**

**EAA AIRVENTURE  
OSHKOSH  
2021**

**JULY 26 - AUGUST 1**  
EAA.org/Tickets

Free admission for youth ages 18  
and under has been generously  
supported in part by

**BOEING**

**Learn more here:**

**<https://www.eaa.org/airventure>**

## EAA National Free Webinars in December

Use this link to register: <https://www.eaa.org/ea/news-and-publications/ea-webinars>

Date	Time	Title	Presenter(s)
12/1/20	7 p.m. CST	<b>RANS S-21 Outbound, All Metal, All Purpose</b> <b>HOMEBUILDERS WEBINAR SERIES</b>	Randy Schlitter
<i>Randy Schlitter will discuss the S-21 Outbound kit, the latest offering from RANS Aircraft.</i>			
12/2/20	7 p.m. CST	<b>Good Eyes, Great Catch!</b> <b>Qualifies for FAA WINGS and AMT credit.</b>	Mike Busch
<i>Maintenance-induced problems are common, and it often takes an experienced pair of eyes to diagnose them. In this webinar, maintenance guru Mike Busch tells the true-life story of an aircraft owner who made a routine fuel stop at a remote airport in Nevada only to discover the left side of his airplane was covered with oil, and the six-day ordeal that followed during which a near-catastrophic engine problem was diagnosed and fixed. There are a number of lessons to be learned from this pilot's close call.</i>			
12/8/20	7 p.m. CST	<b>Aerobatic Airplanes Made Affordable and Enjoyable</b> <b>Qualifies for FAA WINGS credit.</b>	Bruce Mamont and Renee Brilhante
<i>Forming clubs or co-ownership agreements can be a great way to fly aerobatic capable aircraft. Join IAC members Bruce Mamont and Renee Brilhante as they discuss tips on how to and pitfalls to avoid when setting up an Aerobatic Aircraft Acro-Ownership or Club.</i>			
12/9/20	7 p.m. CST	<b>Hot Topics in Aviation Medical Certification</b> <b>Qualifies for FAA WINGS credit.</b>	Dr. Steve Leonard, Donald R. Andersen, Greg Reigel, and Patrick Floyd
<i>A discussion with Dr. Steve Leonard and a panel of aviation attorneys will cover recent trends, changes, and hot topics in aviation medical certification. Based on these developments, the panel will discuss what pilots can expect as they navigate the current aviation medical environment, and how they can recognize and avoid potential problems as well as chart a course that gets them to their destination without incident.</i>			

12/16/20

7 p.m. CST

**Night Flight**

Larry Bothe

**Qualifies for FAA WINGS credit.**

*Join Larry Bothe, an 8,000-hour small airplane pilot and CFI, as he discusses basic information and best practices for flying at night. Topics include the FAA's definitions of night, airport and aircraft lights, flashlights, and night vision; hazards to night flight, such as obstacles and ground fog, and risk management during night cross-country flight.*

[View Webinar Video Archives](#)



EAA Webinars sponsored by



# FAA Safety Team | Safer Skies through Education Webinar

You have asked us to notify you when a webinar is scheduled that meets your criteria. The following webinar may be of interest to you:

## "Safety issues near the Deschutes VOR"

### Topic:

The increased traffic in the Bend/Redmond area, specifically near the Deschutes VOR

### When:

Tuesday, December 1, 2020  
17:00 Pacific Standard Time

### Select Number:

NM09102586

### Description:

We'll also be discussing some recent safety issues and offer some good practices to help mitigate potential conflicts in the area. Additionally, we'll introduce some new procedures that will be available to increase coordination between Air Traffic Control and aircraft operating in the area.

To view further details and registration information for this webinar, [click here](#).

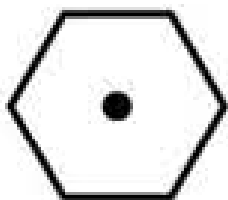
The sponsor for this seminar is: **FAASTeam**

The following credit(s) are available for the WINGS/AMT Programs: Basic Knowledge 3 - 1 Credit

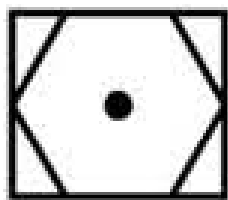
[Click here to view the WINGS help page](#)

Earn your WINGS to get a chance to win a cash prize. Go to [www.mywingsinitiative.org](http://www.mywingsinitiative.org) for more info.

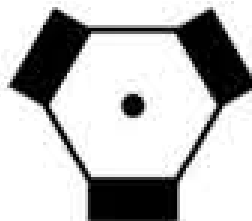
[FAASafety.gov](http://FAASafety.gov)



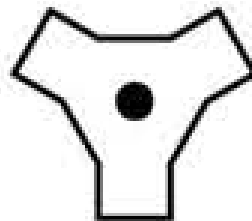
VOR



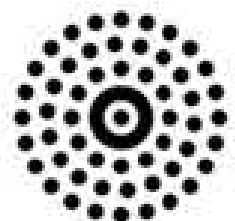
VOR/DME



VORTAC



TACAN



NDB

## Samson Flying Sports Car Progress Update

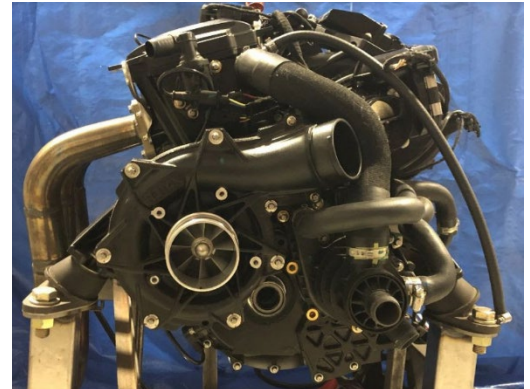
Samson Sky reports the following updates in their November 2020 newsletter:

- Supercharger installation completed
- Engine testing and tuning
- Elevators tested and need stiffening
- Supercharger testing and results
- New shocks successfully tested
- New 3-cylinder engine
- Engine upgrade begins

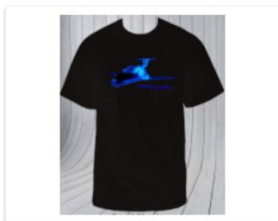
Learn more at the blog here: <https://www.samsonsky.com/updates/>

Do you know someone (or more than one person) who would be interested in getting these Switchblade updates? We hope you will forward this eNewsletter to them so they can check it out. As mentioned before, no emails are shared for any reason, and a person can sign up for the monthly newsletter at any time by going to our website:

<http://www.samsonsky.com/newsletter/>



### A Samson Switchblade Online Store Is In The Works!



Take a one minute survey about the upcoming gear so Samson Sky knows what you may like and want most!

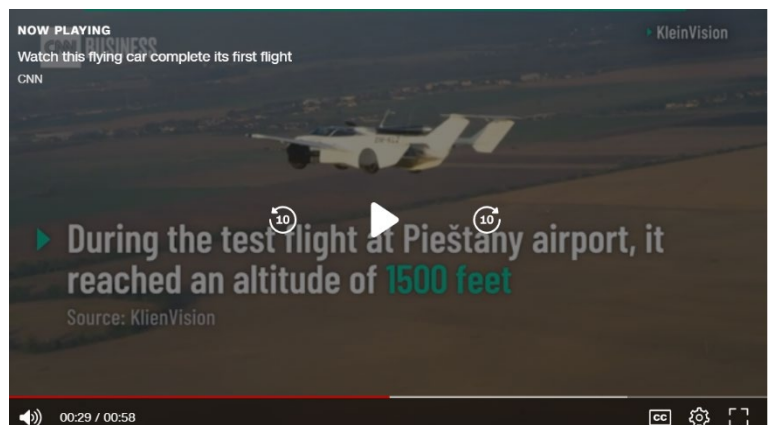
Survey is at this link:

**SWITCHBLADE GEAR  
SURVEY**

## Watch this flying car complete its first flight

KleinVision's AirCar reached an altitude of 1500 feet and completed two take-offs and landings during its maiden flight in Slovakia, according to the company.

Source: CNN





## Celebrate the Achievements of the Wright Brothers with Another Legendary Aviator — Capt. Jim Lovell

**THURSDAY, DECEMBER 10, 2020, AT 7 P.M. CST**

Live streamed at [EAA.org/WrightBrothers](https://EAA.org/WrightBrothers)

For the past 17 years, we have had the pleasure of honoring the spirit and achievements of Orville and Wilbur Wright at the EAA Aviation Museum for our annual Wright Brothers Memorial Banquet. Because of the limitations on large gatherings due to the COVID-19 pandemic, **this year's 18th annual celebration will be a virtual event, open to all EAA members free of charge.**

We're thrilled to host Capt. Jim Lovell as we look back on the 50th anniversary of the Apollo 13 mission, and the heroic efforts by all involved that brought him and his crewmates safely home. Join astronaut, EAA board member, and columnist Charlie Precourt as he interviews Mr. Lovell during this exclusive presentation.

Mark your calendar for December 10, 2020, at 7 p.m. CST and prepare for liftoff as you travel back in time through Jim Lovell's firsthand story of his four space missions and other highlights from his career.

EAA members must log in to their [EAA.org](https://EAA.org) web account and visit [EAA.org/WrightBrothers](https://EAA.org/WrightBrothers) to attend this event live. Nonmembers may attend the event by first purchasing a one-year EAA membership for \$40 at [EAA.org/Join](https://EAA.org/Join), and then creating a member web account at [EAA.org](https://EAA.org).

[Add Event to Calendar >](#)

*A recording of the event will also be available on demand for EAA members to view at their convenience.*

## ***Looking for a great gift? How about a flight simulator!***



**November 19, 2020** – EAA and Microsoft are teaming to provide flight training scholarships and education resources throughout the country in conjunction with the release of the new edition of the legendary Microsoft Flight Simulator software.

EAA and Microsoft have committed to establishing three Microsoft Flight Simulator Scholarships for each of the next three years, giving young aviation enthusiasts the opportunity to move from virtual flight via simulators to the real thing. In addition, Microsoft will provide copies of its new Flight Simulator to EAA's current youth flight training scholarship recipients, including the Ray Aviation Scholarship students, for the next three years as well as offer a discount on the new edition of Flight Simulator to all EAA members.

"Microsoft Flight Simulator has given countless people the experience of virtual flight over the past four decades, and we know many pilots today got their starts with Microsoft Flight Simulator and have used it to keep their skills sharp when they can't be in the cockpit themselves," said Rick Larsen, EAA's vice president of communities and member programming. "Teaming with Microsoft to provide the newest version of Flight Sim to our EAA community opens wonderful possibilities, especially when it's teamed with actual flight training scholarships for young people. EAA members also have a unique opportunity to [save on purchasing their own copy](#) of the newest Microsoft Flight Simulator software."

Along with the youth outreach, Microsoft will be supplying a limited number of Flight Simulator copies to EAA chapters that have facilities to use it as part of pilot training and proficiency. This outreach will be administered through the EAA chapter office.

"We are very excited to partner with the EAA. Their passion for aviation is unmatched and their focus on inspiring the next generation of pilots via the Young Eagles program is a perfect real-world counterpart to what we hope to achieve with our new Microsoft Flight Simulator," said Jorg Neumann, Head of Microsoft Flight Simulator. "The newly established Microsoft Flight Simulator scholarships are a great way to engage with the EAA community and we hope to attend Oshkosh 2021 to further show our commitment to aviation and the EAA community."

EAA and Microsoft have worked together on various projects over the past 30 years, including exclusive simulator installations that recreated the Wright brothers' first flights at Kitty Hawk as part of EAA's Countdown to Kitty Hawk project in 2003 that celebrated the centennial of powered flight.

## Fly-out to Florence, Oregon on November 21, 2020

Fly-out this month with Central Oregon Pilots Association submitted by Kim Muinch and Gary Miller

8 planes took to the cool skies for the coast on Saturday, November 21 following a chilly 9 am flight briefing outside the BBA hangar. John Foster, our 9<sup>th</sup> plane had to taxi-back from the runup area after discovering a vacuum pump issue.

The clear fall day yielded calm flight conditions with a brisk tailwind as we made our way over the burned area between Bend and Eugene. The Willamette Valley fog remained the entire day, but the entire coast range and beaches were clear and warmer than our departure point.

Forrest Seale was the first to arrive, having departed his home base of Cline Falls in his "New" Cardinal. The other aircraft were seemingly "Socially distanced", and arrived over a 30 minute period.

The airport is well-cared-for, and has an easily accessed rest room and we—furnished pilot lounge.

Ken and Sheri Fayal ventured off to the old town area on foot, and the others enjoyed a lawn chair socially-distanced brown bag lunch discussion. The owner of the Sea Lion Caves, who flies a Piper Tri Pacer out of the Florence Airport visited with us, and gave us the history of the caves, which he said first became a tourist point of interest in 1932. We came away with his business card, and worked-out a tentative summer fly-in camping weekend, to include a tour of the caves.

A number of us made the 2+ mile round trip walk down to old town, which lies on the banks of the Siuslaw River.

Kim and Fred Berardo took off in close succession for the return trip home, and Kim caught an in-flight photo of Fred's 1979 Grumman AA-5B tiger.

As we approached the Bend Airport from the gap between Mt. Bachelor and Broken top, there was a large swarm of perhaps 8 or so ADS-B targets in the traffic pattern showing on our flight displays. The first of us to land had quite a time fitting-in, but it turns out it was a pretty good group of pilots that day, and things progressed well with good communications and traffic pattern etiquette.



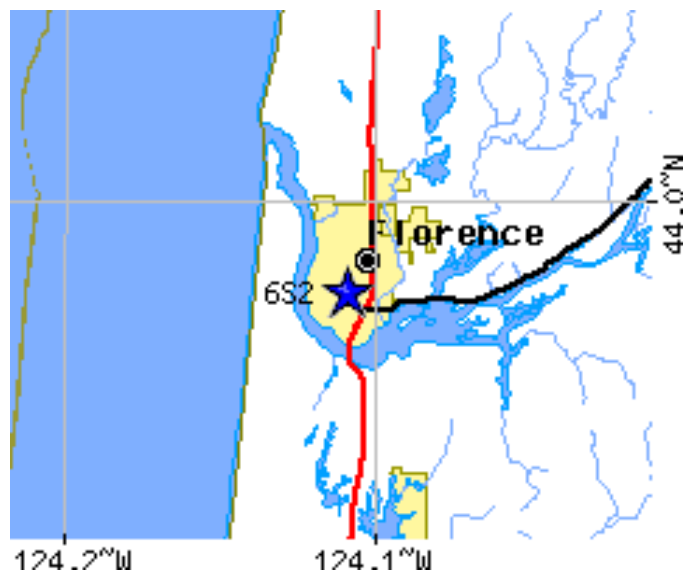
### Airport distance calculator

From [KBDN](#)-Bend Municipal Airport

To 6S2- Florence Municipal Airport

**125.7 nautical miles W**

Initial true course: 268









## Building Progress on the Glastar Project



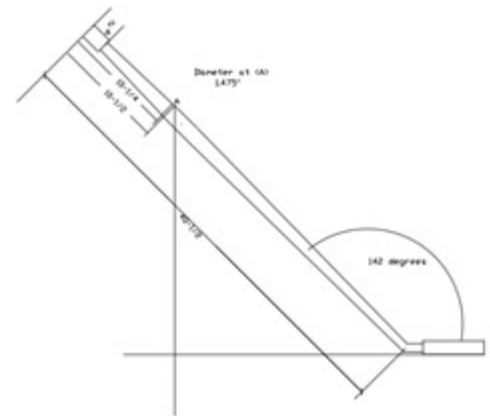
STILL assembling the landing gear (hard on drill bits!). We could use some help!!!



From this..... to this.....

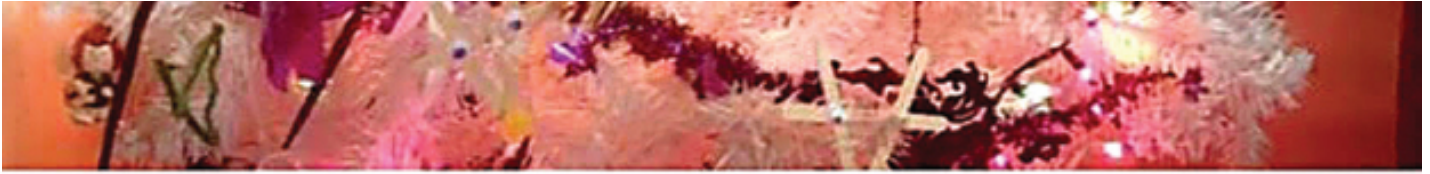


Somday.....!



If you want to join in the fun building on the Glastar, we meet Wednesdays around 3pm and Saturdays around 9am

# COVID 19 Updates



## COVID and the Holidays



The CDC has issued very helpful guidelines for the upcoming holidays:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

Some main points:

Steps to take if exposed to COVID-19 during a holiday gathering

- If you are exposed to COVID-19 at a holiday gathering, while traveling, or at any time, quarantine yourself to protect others by doing the following:
- [Stay home for 14 days](#) after your last contact with a person who has COVID-19.
- Stay away from others, especially people who are at [increased risk for severe illness from COVID-19](#).
- Watch for fever (100.4°F or higher), cough, shortness of breath, or [other symptoms](#) of COVID-19.
- Consider getting [tested](#) for COVID-19. Even if you test negative for COVID-19 or feel healthy, you should still stay home (quarantine) for 14 days after your last contact with a person who has COVID-19. This is because symptoms may appear 2 to 14 days after exposure to the virus, and some infected people never have symptoms but are still contagious.
- Do not travel until 14 days after your last possible exposure.

If you can't completely stay away from others during the 14 days:

- Stay at [least 6 feet](#) (about 2 arm lengths) away from other people.
- Wear a [mask](#) that covers both the mouth and nose when you are around other people or animals, including pets (even at home).
- [Wash your hands](#) often with soap and water for at least 20 seconds or use [hand sanitizer](#) that contains at least 60% alcohol.
- Monitor yourself and household members for [symptoms of COVID-19](#).
- [Get information](#) about COVID-19 testing if you feel sick.

If you develop [symptoms consistent with COVID-19](#) within 14 days of the event or celebration, such as fever, cough, or shortness of breath, or if you [test positive for COVID-19](#), immediately notify the host and others who attended. They may need to inform other attendees about their possible exposure to the virus. Contact your healthcare provider and follow the CDC-recommended steps for [what to do if you become sick](#), and follow the [public health recommendations for community-related exposure](#).

If you have been diagnosed with COVID-19, a [public health worker may contact you](#) to check on your health and ask you who you have been in contact with and where you've spent time in order to identify and provide support to people (contacts) who may have been infected. Your information will be confidential. Learn more about [what to expect with contact tracing](#).

### HOLIDAY ACTIVITIES

#### WHAT'S SAFE, WHAT'S NOT



#### HIGH-RISK ACTIVITIES


- Attending large holiday gatherings
- Shopping in crowded stores
- Attending public events or parades without wearing a mask
- Using public transportation without wearing a mask
- Sharing food or personal items such as noisemakers with people you don't live with
- Using alcohol or drugs that would make it difficult to practice COVID-19 safety



#### LOW-RISK ACTIVITIES

- Hosting a celebration for your household
- Attending virtual holiday meals or church services
- Shopping online
- Building a snowman outdoors
- Watching sports and parades on TV
- Sending cards and letters

## 2020 CHAPTER BOARD

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Happy Holidays High Desert Flyers!